

**Sacred Heart Seminary and School of Theology (SHSST)**  
**COVID-19 Response Practices – Vaccinated v. Un-Vaccinated**  
*Effective August 20, 2021*

SITUATION	FULLY VACCINATED	NOT VACCINATED
<p><i>Should I remove my mask in an office or meeting even if my coworker(r says it is okay?)</i></p>	<p>Yes</p>	<p>No*</p>
<p><b>What do I do if I am in Close Contact with a COVID-POSITIVE person?</b></p> <p><b>(Close Contact</b> is defined as ‘being within 6’ of the person for a cumulative total of 15min or more over a 24-hour period’)</p> <p><b><u>Any viral mRNA COVID-19 test result should be shared with the Rector’s Office whether you are vaccinated or unvaccinated.</u></b></p>	<p><b>Notify the Rector’s Office.</b></p> <p>Get tested 3 – 5 days after exposure, even if you do not have symptoms and wear a mask indoors in public for 14 days following exposure or until test result is negative (after day 7), whichever is earlier.</p> <p>If you do not have symptoms, you do not have to quarantine.</p> <p>If you have symptoms, immediately self-isolate and contact your healthcare provider.</p> <p>Watch for fever (100.4F+), cough, shortness of breath, fatigue, body or headache, loss of taste/smell, sore throat, congestion/runny nose, nausea or vomiting, diarrhea.</p> <p>Stay away from people you live with esp. ppl at higher risk.</p>	<p><b>Notify the Rector’s Office.</b></p> <p>*If you have had COVID-19 within the previous 3 months AND have recovered AND have no COVID-19 symptoms, you do not need to quarantine, but can follow the Fully Vaccinated protocol instead.</p> <p>If you have not met the criteria above, stay home for 14 days after your last contact, even if you are asymptomatic.</p> <p>If you have symptoms, immediately self-isolate and contact your healthcare provider.</p> <p>Watch for fever (100.4F+), cough, shortness of breath, fatigue, body or headache, loss of taste/smell, sore throat, congestion/runny nose, nausea or vomiting, diarrhea.</p> <p>Stay away from people you live with esp. ppl at higher risk.</p>
<p><b>When can you be around others after you had or likely had COVID-19?</b></p> <p><b><u>Any viral mRNA COVID-19 test result should be shared with the Rector’s Office whether you are vaccinated or unvaccinated.</u></b></p>	<p>You can be around others after:</p> <p>NO SYMPTOMS</p> <ul style="list-style-type: none"> <li>• 10 days since positive COVID-19 test</li> </ul> <p>WITH SYMPTOMS</p> <ul style="list-style-type: none"> <li>• 10 days since symptoms first appeared AND</li> <li>• 24 hours with no fever without use of fever-reducing medicine AND</li> <li>• Other symptoms are improving*</li> </ul>	<p>You can be around others after:</p> <p>NO SYMPTOMS</p> <ul style="list-style-type: none"> <li>• 10 days since positive COVID-19 test</li> </ul> <p>WITH SYMPTOMS</p> <ul style="list-style-type: none"> <li>• 10 days since symptoms first appeared AND</li> <li>• 24 hours with no fever without use of fever-reducing medicine AND</li> <li>• Other symptoms are improving*</li> </ul>

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<b>SITUATION</b>	<b>FULLY VACCINATED</b>	<b>NOT VACCINATED</b>
<p><b>(Continued) <i>When can you be around others after you had or likely had COVID-19?</i></b></p>	<p>*Loss of taste/smell may persist for weeks/months and need not delay end of isolation.</p> <p>10 days is the Minimum. It might take upwards of 20 days after symptoms appeared to be recovered. Work with your healthcare provider on what is best for you.</p>	<p>*Loss of taste/smell may persist for weeks/months and need not delay end of isolation.</p> <p>10 days is the Minimum. It might take upwards of 20 days after symptoms appeared to be recovered. Work with your healthcare provider on what is best for you.</p>
<p><b><i>Do I need to quarantine after travel?</i></b></p> <p>Travel on planes, buses, trains and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. Transportation hubs such as airports and stations.</p> <p>Travelers are not required to wear a mask in outdoor areas of conveyance (like an open deck area of a ferry or uncovered top of a deck of a bus).</p> <p><b><i>Any viral mRNA COVID-19 test result should be shared with the Rector's Office <u>whether you are vaccinated or unvaccinated.</u></i></b></p>	<p><b><u>BEFORE TRAVEL:</u></b> No additional requirements.</p> <p><b><u>DURING TRAVEL:</u></b> Wear a mask while you travel.</p> <p><b><u>AFTER TRAVEL:</u></b> Self-monitor for COVID-19 symptoms. Get tested if you develop symptoms.</p>	<p><b><u>BEFORE TRAVEL:</u></b> Get tested 1-3 days before your trip.</p> <p><b><u>DURING TRAVEL:</u></b> Wear a mask while you travel.</p> <p><b><u>AFTER TRAVEL:</u></b> Get tested 3-5 days after travel AND self-quarantine for a full 7 days after travel (even if you test negative).</p> <p>If you do not get tested, self-quarantine for 10 days after travel.</p> <p>Avoid being around people who are at increased risk for severe illness for 14 days after travel, whether you get tested or not.</p> <p>Self-monitor for COVID-19 symptoms. Get tested if you develop symptoms.</p>