



COVID-19 Response Residential Seminarian Commitment Form

Sacred Heart Seminary and School of Theology continues to step forward in faith as the spring semester begins. Yet we do so with concern for the health and well-being of our community. Everyone's actions impact our common good. Therefore, we have developed the following expectations for all residential seminarians to promote campus health and safety. In order to participate in person on campus in classes or events during the spring 2021 semester, you must follow these guidelines:

Contact Information

I agree to keep my personal and emergency contact information current by updating my medical information card in the Rector's office as needed. I will also report any underlying health issues via my medical information card.

Campus & Community Life

While on campus or within the local community, I will:

- Practice good personal hygiene (washing hands frequently with soap and water, or a hand sanitizer with at least 60% alcohol if soap is unavailable).
- Take my temperature prior to leaving my room for the day and only enter communal areas if the temperature is normal and I do not display COVID-19 symptoms.
- Wear a cloth face covering over my nose and mouth on campus in all hallways, elevators, public spaces, classrooms and common areas, and when entering all other SHSST campus buildings, as well as in all spaces where physical distancing is difficult to maintain, including both private indoor spaces and outdoor spaces.
- Practice physical distancing at all times by staying 6 feet apart from others.
- Review the COVID-19 Procedures for Students, available at: <https://www.shsst.edu/wp-content/uploads/2020/10/SHSST-COVID-19-Procedures-for-Students.10.27.2020.pdf>.
- Follow other guidelines as adopted by SHSST or public health authorities to address changing incidence rates or new scientific information about how best to protect me and others from getting sick. SHSST's COVID-19 Response Levels Operations Plan can be found on our COVID-19 webpage: <https://www.shsst.edu/covid-19/>.

Communicate Health Concerns

I will alert the academic administrative assistant of the following:

- Possible exposure to COVID-19; the CDC defines exposure as having close contact (under 6 feet) an individual diagnosed as or being treated for COVID 19 for more than 15 minutes.
- Presence of a fever (temperature of 100.4 degrees Fahrenheit or greater).
- Presence of other symptoms consistent with COVID-19 infection (e.g., cough, sore throat, fever, chills, muscle pain, loss of sense of smell or taste, and/or shortness of breath).

- If I have been advised by a healthcare professional not to attend class, to self-quarantine, or to self-isolate due to actual or possible COVID-19 infection or exposure.

COVID-19 Testing

I understand and agree to the following:

- If I am identified as a contact of anyone determined to be positive for COVID-19, I will immediately self-quarantine for the CDC recommended time (see <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>) and if recommended, be tested for COVID-19.
- If I develop symptoms of COVID-19, I will immediately self-isolate until I have been evaluated by a healthcare provider and, if recommended, be tested for COVID-19. This includes not entering any communal areas and remaining in a space designated by SHSST.
- If I am determined to be positive or presumed positive for COVID-19 by a doctor, I will immediately notify the academic administrative assistant.

If I am Positive for COVID-19 (or presumed to be)

If I am determined to be positive or presumed positive for COVID-19, I will:

- Self-isolate in a space designated by SHSST until I have been cleared by a physician or appropriate medical personnel to return to my usual living arrangements, OR my symptoms have improved and it has been the current minimum recommended time by the CDC (see <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>), since the start of my symptoms.
- Participate fully and honestly with SHSST and public health officials tasked with contact tracing to determine whom I might have potentially exposed to COVID-19.

Agreement

By signing below, I acknowledge that I have read, understand, and agree to follow the expectations detailed in this document as a condition of my presence on campus, and further agree that I will make every effort to keep myself informed of any changes to these expectations. I understand that these expectations constitute SHSST directives, policies, and procedures. I understand that any violation may lead to student disciplinary proceedings and sanctions.

Thank you for reviewing the guidelines and committing to keep yourself and the Sacred Heart Seminary and School of Theology community safe!

(Print Your Name)

(Date)

(Your Signature)

Please scan or photograph this page and email it to Brittany Hager McNeely in the Rector’s office: bhagermcneely@shsst.edu , before January 7, 2021.

Effective December 8, 2020